

**Memorial Hospital at Towanda**

**Referral Information and Sleep Study Order Form**

Complete as much information as possible

Fax or call the Cardiopulmonary Registration Dept. at Memorial

Phone: 570-268-2537 Fax: 570-265-5859

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip code: \_\_\_\_\_

Phone#: Home: \_\_\_\_\_ Work: \_\_\_\_\_

Insurance/HMO: \_\_\_\_\_

Ordering Physician: \_\_\_\_\_ Phone: \_\_\_\_\_

Office Contact: \_\_\_\_\_ Fax: \_\_\_\_\_

**Reason for Sleep Study: Please check all that apply – (Requirement for Insurance)**

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Daytime Sleepiness       | <input type="checkbox"/> Observed Apneas   | <input type="checkbox"/> Pos. Nocturnal O <sub>2</sub> Desat. |
| <input type="checkbox"/> Leg Jerks/Restless legs  | <input type="checkbox"/> Snoring           | <input type="checkbox"/> Morning Headaches                    |
| <input type="checkbox"/> High Blood Pressure      | <input type="checkbox"/> Nocturnal Choking | <input type="checkbox"/> Cataplexy                            |
| <input type="checkbox"/> Evaluate Current CPAP Tx | <input type="checkbox"/> Restless Sleep    | <input type="checkbox"/> Sleep Disruptions/Unknown Cause      |
| <input type="checkbox"/> Post-op                  | <input type="checkbox"/> Other: _____      |   |

**Test Type:**

- NPSG (nocturnal Polysomnography-straight sleep study)  
 CPAP Titration Study  
 Split-night Study (straight study first part of night, with addition of CPAP per laboratory protocol)  
 MSLT (multiple sleep latency testing)

Special Instructions/Comments: \_\_\_\_\_  
\_\_\_\_\_

Special Needs (i.e. Wheelchair, Hearing Impaired, Walker, Help out of bed, etc.): \_\_\_\_\_  
\_\_\_\_\_

Is Patient currently on Oxygen or CPAP? Yes/No

\_\_\_\_\_  
Physician Signature

\_\_\_\_\_  
Date

Study date: \_\_\_\_\_